

## Tentative Outline

### Special/Thematic Issue for the journal “Current Psychiatry Research and Reviews”

#### Title of the Thematic Issue: Therapeutic Adherence in People with Mental Disorders

*Guest Editor: Dr. Paraskevi Theofilou*

*Co-Guest Editor: Dr. Dimitris D. Vlastos*

#### • **Scope of the Thematic Issue:**

Literature suggests that poor therapeutic adherence in people with mental disorders can lead to negative consequences such as higher rates of relapse, hospitalization, and suicide, whereas different factors may affect the level of adherence among individuals with mental disorders as well as the consequences of non-adherence. Kane (2013), highlights the importance of assessing and addressing adherence attitudes and behaviors, and suggests that novel technologies can enhance early assessment and adequate management of non-adherence, particularly in patients with psychotic disorders. Martin (2005) suggests that successful attempts to improve patient adherence depend upon a set of key factors, whilst Dulmen (2007) found that effective adherence interventions can stem from technical, behavioral, educational, and multi-faceted or complex interventions, but there is a lack of comparative studies explicitly contrasting theoretical models or their components. The aim of this Special Thematic Issue is to address the barriers to therapeutic adherence by taking into consideration a multifaceted approach which considers patient-specific factors and effective interventions.

**Keywords:** treatment adherence, non-adherence, mental disorders, interventions, efficacy, compliance, non-compliance

#### **Sub-topics:**

- Factors associated with therapeutic non-adherence in mental health disorders.
- Evaluating the effectiveness of specific interventions in improving treatment adherence of individuals with mental health disorders.
- Assessment tools for the evaluation of adherence and non-adherence.
- Identifying the multi-faceted biopsychosocial and individual factors involved in mental disorders and therapeutic adherence.
- Cognitive-Behavioural Therapy and contemporary Adherence Therapies (AT)
- Therapeutic adherence in patients with comorbid mental and physical disorders.

#### **Schedule:**

- ✧ Thematic issue submission deadline: 30<sup>th</sup> November 2023

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